

### Executive Director Message

As I reflect on 2025, I do so with immense pride and gratitude. Last year marked 25 years of Humboldt and District Community Services supporting individuals and families in our community. This milestone is not only a celebration of our history, but a testament to the relationships, dedication, and community support that have made our work possible. It also provides an important opportunity to reflect on how far we have come and to recommit to the work ahead.

HDCS continues to grow in both reach and impact. Across our employment, residential, and community inclusion programs, we support more individuals and families than ever before. The needs we are seeing are increasingly complex, requiring flexibility, creativity, and strong collaboration. Through it all, our team remains dedicated, adaptable, and committed to providing compassionate, person-centered support that meets individuals where they are at.

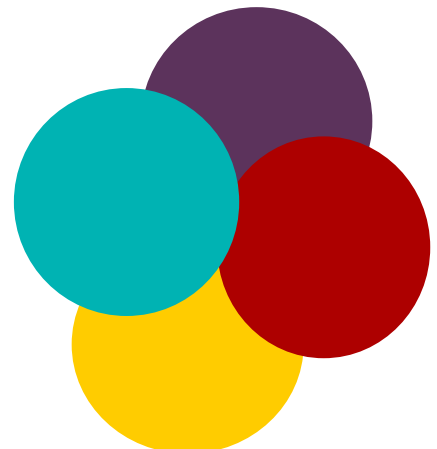
While we celebrate our successes, we also continue to navigate ongoing funding challenges and increasing demand for services. These realities require us to be thoughtful and strategic in how we deliver programs. We remain focused on adapting where needed, strengthening our services, and ensuring long-term sustainability so we can continue to meet the evolving needs of our community.

We are deeply grateful for the continued support of our community. Fundraising efforts, partnerships, and donations are not just appreciated—they are essential in sustaining and enhancing the programs and services we provide. The generosity and commitment of our community play a vital role in everything we do.

As we move through 2026, our focus remains on sustainability, thoughtful growth and ongoing advocacy for the resources needed to support those we serve. Most importantly, we remain committed to ensuring that every individual feels valued, supported, and included.

Thank you to our dedicated staff, Board of Directors, volunteers, funders, donors, and community partners. Your ongoing support and belief in our mission make this work possible. Together, we continue to build a stronger, more inclusive community.

Juanine Korte, Executive Director



# Support Services

## Spring 2026 Newsletter – Community Inclusion Support Services

It's been a busy time for Client Services, and we're grateful for the opportunity to connect with so many people. If you're seeking support with funding, respite, mentorship, or navigating systems and programs, please don't hesitate to contact our team.



The countdown to **2026 Summer Camp** has officially begun, and we're so excited! Camp is always one of the highlights of the year, bringing participants together for friendship, outdoor adventures, creativity, and plenty of fun.

Behind the scenes, our team is already hard at work planning another incredible camp experience for the months ahead. Application packages have been emailed to last year's campers and to those who have previously expressed interest. If your child would like to join us this summer, or if you have any questions – we would love to hear from you!

Whether your child is returning to camp or joining us for the very first time, we can't wait to welcome them into our **summer camp family**. Get ready for a season of exploration, creativity, new friendships, and unforgettable memories!

### *Did you know...*

...Over 600,000 Canadians provide care to their child who has a physical or mental disability or long-term health condition.



Support groups provide caregivers with a safe space to connect, share experiences, and learn from one another. Many parents find that simply talking with others who understand their journey can reduce stress and help them feel supported and empowered. **Key benefits:**

*Reduces feelings of isolation*

*Emotional support and validation*

*Sharing practical advice and resources*

*Improved mental health and stress relief*

*Learning new coping strategies*

*Building friendships and community*

If you are parenting or caregiving for a child with diverse or additional emotional, cognitive, physical or social needs, please join our Family Group to share stories, develop friendships, and find support.

# HUMBOLDT & AREA FAMILY SUPPORT GROUP

For families with children with additional or diverse needs



Please join us to meet others and share knowledge and experience in a supportive environment!



## Upcoming Events!!

Nov 4 - Caregiver Conversation Circle 6:30 - 7:30 pm - In person

DEC 7 OR 14 (TBD) - FAMILY FUN - SWIMMING AT THE HUMBOLDT AQUATIC CENTRE!

Jan 6 - Relax and Connect: Caregiver Chat Night (PJs Welcome!) - 7:30 online

Feb 3 - Relax and Connect: Caregiver Chat Night (PJs Welcome!) - 7:30 online

March 3 - Educational Workshop for Caregivers - 6:30 -7:30 pm - In person

April 11 - SNOW FAMILY FUN! 1- 2pm

May 5 - Caregiver Conversation Circle 6:30 -7:30 pm - In person

June 2 - FAMILY FUN AT THE PARK 6:30-7:30PM

Open to families with children of all ages. Children are welcome, but no childcare is available

In person evenings will be at the Prairie Gateway Settlement Services - 606 9<sup>th</sup> Street, Humboldt, SK

Events subject to change. Please watch the [Humboldt Area support for neurodivergent, disabilities, autism, ADHD, etc.](#) Facebook page for online links and more information.



For more information, please contact any of these organizations,



(306) 682-1455



(306) 682-5004



(306) 231-4625



(306) 682-4377

## Upcoming Programming Dates

### Adult Social Club \$5.00/person - 6:30-8:30pm

April 9, 2026 - Bowling - Kemway Lanes

May 7, 2026 - Talent Show - St Augustine Parish—Mtg Room 1 & 2

June 4, 2026 - Swimming **7pm-9pm** Humboldt Uniplex

July—**NO PROGRAMMING**

August 6, 2026 - Bowling – Kemway Lanes



### Monthly Dances - St Augustine Parish Hall - 7-9pm - \$5.00/person

March 26, 2026

April 30, 2026

May 28, 2026

**June-August—Break**

September 24, 2026

October 29, 2026

November 26, 2026

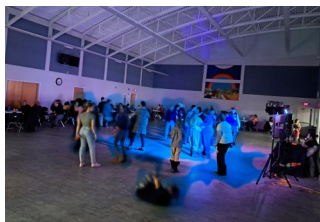
January 28, 2027

February 25, 2027

March 25, 2027

April 29, 2027

May 27, 2027



To find out more information, please call the office at 306-682-1455 or email: [selingerl.hdcs@gmail.com](mailto:selingerl.hdcs@gmail.com)

# Supported Employment Services



## EMPLOYER OPPORTUNITIES

### Inclusive workplace education

Practical guidance on your diversity. Workplace adaptations, disclosure and retention. Simple strategies. Stronger teams.

### Workshop and employer engagement.

Let's build practical workforce solutions together.

Host a site visit. Join a pop-up Friday workshop. Share your industry insight. Meet motivated candidates. Build your future workforce.

### Customized job development.

Do you have tasks that never get done? Picture your workflow if someone handled those simple but often overlooked jobs—a role that is essential but can't be formally posted.

We work with you to design customized roles that align with both your business needs and individual strengths improving efficiency across your team, freeing up your staff to focus on their core work. Sorting parts, counting inventory, preparing materials, organizing workspaces.

What tasks would make your team more productive if they had dedicated support?

### What's sitting on your "We'll get to it later" list "?

The average employee spends **51%** of their workday on low-value tasks. Shifting these tasks lets team members focus on their strengths, which can raise profitability by **23%** and increase productivity by **18%**.

### Work Crew

Our work crew provides property walk-throughs for litter and garbage pickup, parking lot clean ups, small outdoor jobs, and basic lawn care for businesses and community spaces. Please call us to book.



### Short Story from Dwayne Anderson:

A man is at the grocery store buying Kinder Surprise Eggs for his kids. On his way to the checkout, he sees a man loading his basket with avocados in the fruit aisle. Curious, he walks up to the man and asks him, "Why are you buying so many avocados?"

"The same reason you buy Kinder Surprise," he says. "Avocados are just like Kinder Surprise. I only wish the producers would put in a different toy in each one. I've already got fifty wooden balls!"

#### Our Vision

All individuals have meaningful connections to the community

#### Our Mission

Humboldt and District Community Services (HDCS) provides person-centered services in the areas of employment, community inclusion, and residential support

#### Our Values

DIVERSITY, INTEGRITY, RESPECT, HONESTY, COMPASSION  
Our programs and services are person centered, holistic, and accountable.

#### HDCS Office Staff



Juanine Korte



Lisa Selinger



Niamh Menz



Mara Doepker

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